



# SouthCoast Seafood Co., Inc

## PRODUCT LIST



*South Coast Sea Foods Co., Inc.*

Please call us for more information at (714) 894-0606





## PORTIONED FILETS

COD		
11681-1	Cod/Pacific Portions, 5 oz S/B/IQF, Wild, USA	Pride of the Sea, 1/10#
11713-1	Cod/Pacific Portions, 6-8 oz S/B/PBO, IQF/IVP, Wild USA	Pride of the Sea 4/5#
HALIBUT		
10789-1	Halibut/Pacific Filet Portions, 6-7 oz, S/B, IQF, Wild	Pride of the Sea, 1/10#
10790-1	Halibut/Pacific Filet Portions, 8 oz, S/B, IQF, Wild	Pride of the Sea, 1/10#
11809-1	Halibut/Pacific Filet, Large, S/B/IQF, Wild, USA	Pride of the Sea, 1/50# CW
10792-1	Halibut/Pacific Pieces, S/B IQF Wild	Pride of the Sea, 1/10#
MAHI		
10830-1	Mahi Pieces, 1-3 oz S/B/BLR IQF Wild	Pride of the Sea, 1/10#
10842-1	Mahi Portions, 10 oz S/B/BLR IQF Wild	Pride of the Sea, 1/10#
10834-1	Mahi Portions, 1-3 oz S/B/BLR, IQF, Wild, Vietnam	Pride of the Sea, 1/10#
10831-1	Mahi Portions, 2-4 oz S/B/BLR, IQF, Wild, Taiwan	Pride of the Sea, 1/10#
10832-1	Mahi Portions, 4 oz S/B/BLR IQF Wild	Pride of the Sea, 1/10#
10833-1	Mahi Portions, 6 oz S/B/BLR IQF Wild	Pride of the Sea, 1/10#
10836-1	Mahi Portions, 8 oz S/B/BLR IQF Wild	Pride of the Sea, 1/10#
ONO (WAHOO)		
10866-1	Ono Portions, 2-4 oz S/B/BLR, IQF, Wild	Pride of the Sea, 1/10#
10868-1	Ono Portions, 6-7 oz S/B/BLR, IQF, Wild	Pride of the Sea, 1/10#
10869-1	Ono Portions, 8 oz S/B/BLR, IQF, Wild	Pride of the Sea, 1/10#
10870-1	Ono Portions, 9-10 oz S/B/BLR, IQF, Wild	Pride of the Sea, 1/10#
10832-1	Mahi Portions, 4 oz S/B/BLR IQF Wild	Pride of the Sea, 1/10#
10833-1	Mahi Portions, 6 oz S/B/BLR IQF Wild	Pride of the Sea, 1/10#
10836-1	Mahi Portions, 8 oz S/B/BLR IQF Wild	Pride of the Sea, 1/10#
POLLOCK		
11655-1	Pollock/Pacific Filet, 4-6 oz S/B/PBO, IQF, Wild, USA	Pride of the Sea, 1/20#
10890-1	Pollock/Pacific Portions 3.2 oz Plain, IQF Wild USA	Pride of the Sea 1/20#
10891-1	Pollock/Pacific Portions 4 oz Plain, IQF Wild USA	Pride of the Sea 1/20#
10892-1	Pollock/Pacific Portions 5 oz Plain, IQF Wild USA	Pride of the Sea 1/15#
10893-1	Pollock/Pacific Portions 7 oz Plain, IQF Wild USA	Pride of the Sea 1/15.75#
10889-1	Pollock/Pacific Sticks 2 oz Plain IQF Wild USA	Pride of the Sea 1/15#
10836-1	Mahi Portions, 8 oz S/B/BLR IQF Wild	Pride of the Sea, 1/10#

S/B = Skinless/Boneless	PBO = Pin Bone Out	BLI = Blood Line In	BLR = Blood Line Removed
IQF = Individually Quick Frozen		IVP = Individually Vacuum Packed	

## PORTIONED FILETS

ROCKFISH		
10920-1	Rockfish Filet, 2-4 oz S/B/PBO, IQF, Wild	Pride of the Sea, 1/10#
SALMON		
10970-1	Salmon, Atlantic Pieces, S, B, PBO, IQF, Farmed	Pride of the Sea, 4/5#
10966-1	Salmon, Atlantic Portions, 5 oz S, B, PBO, IQF, Farmed	Pride of the Sea, 1/10#
10967-1	Salmon, Atlantic Portions, 6 oz S, B, PBO, IQF, Farmed	Pride of the Sea, 1/10#
10968-1	Salmon, Atlantic Portions, 8 oz S, B, PBO, IQF, Farmed	Pride of the Sea, 1/10#
10969-1	Salmon, Atlantic Portions, 9-10oz S, B, PBO, IQF, Farmed	Pride of the Sea, 1/10#
SWORDFISH		
11429-1	Swordfish Cubes, S/B IQF Wild 1/10#	Pride of the Sea, 1/10#
11091-1	Swordfish Steaks, 10 oz Sashimi Grade, IQF, Wild	Pride of the Sea 1/10#
11089-1	Swordfish Steaks, 6 oz Sashimi Grade, IQF, Wild	Pride of the Sea 1/10#
11090-1	Swordfish Steaks, 8 oz Sashimi Grade, IQF, Wild	Pride of the Sea 1/10#
10832-1	Mahi Portions, 4 oz S/B/BLR IQF Wild	Pride of the Sea, 1/10#
10833-1	Mahi Portions, 6 oz S/B/BLR IQF Wild	Pride of the Sea, 1/10#
10836-1	Mahi Portions, 8 oz S/B/BLR IQF Wild	Pride of the Sea, 1/10#
TUNA - AHI		
11131-1	Tuna/Ahi Pieces, Natural, S/B/BLR, IQF, Wild	Pride of the Sea 1/10#
11812-1	Tuna/Ahi Steaks, 6 oz CO, S/B/BLR, IVP, Wild, Vietnam	Pride of the Sea, 1/10#
11158-1	Tuna/Albacore Pieces, S/B/BLR IQF Wild	Pride of the Sea 1/10#
11156-1	Tuna/Albacore Steaks, 6-7 oz S/B/BLR, IQF, Wild	Pride of the Sea 1/10#
11157-1	Tuna/Albacore Steaks, 8 oz S/B/BLR, IQF, Wild	Pride of the Sea 1/10#
10833-1	Mahi Portions, 6 oz S/B/BLR IQF Wild	Pride of the Sea, 1/10#
10836-1	Mahi Portions, 8 oz S/B/BLR IQF Wild	Pride of the Sea, 1/10#
TUNA - YELLOWTAIL		
11268-1	Yellowtail Filet Pieces, S/B/BLI, IQF, Wild	Pride of the Sea, 1/10#
11266-1	Yellowtail Filet Portion, 6-7 oz S/B/BLI, IQF, Wild	Pride of the Sea, 1/10#
11267-1	Yellowtail Filet Portion, 8 oz S/B/BLI, IQF, Wild	Pride of the Sea, 1/10#
10892-1	Pollock/Pacific Portions 5 oz Plain, IQF Wild USA	Pride of the Sea 1/15#
10893-1	Pollock/Pacific Portions 7 oz Plain, IQF Wild USA	Pride of the Sea 1/15.75#
10889-1	Pollock/Pacific Sticks 2 oz Plain IQF Wild USA	Pride of the Sea 1/15#
10836-1	Mahi Portions, 8 oz S/B/BLR IQF Wild	Pride of the Sea, 1/10#

S/B = Skinless/Boneless	PBO = Pin Bone Out	BLI = Blood Line In	BLR = Blood Line Removed
IQF = Individually Quick Frozen		IVP = Individually Vacuum Packed	









## SHRIMP PEELED & DEVEINED

BROWN, TAIL-ON		
10201-1	Shrimp, Brown U2 P&D, Tail-On, Round IQF, Wild, Mexico	Pride of the Sea, 1/10#
10202-1	Shrimp, Brown U4 P&D, Tail-On, Round IQF, Wild, Mexico	Pride of the Sea, 1/10#
10203-1	Shrimp, Brown U6 P&D, Tail-On, Round IQF, Wild, Mexico	Pride of the Sea, 1/10#
10204-1	Shrimp, Brown U8 P&D, Tail-On, Round IQF, Wild, Mexico	Pride of the Sea, 1/10#
10205-1	Shrimp, Brown U10 P&D, Tail-On, Round IQF, Wild, Mexico	Pride of the Sea, 1/10#
10206-1	Shrimp, Brown U12 P&D, Tail-On, Round IQF, Wild, Mexico	Pride of the Sea, 1/10#
10207-1	Shrimp, Brown U15 P&D, Tail-On, Round IQF, Wild, Mexico	Pride of the Sea, 1/10#
10208-1	Shrimp, Brown 16-20 P&D, Tail-On, Round IQF, Wild, Mexico	Pride of the Sea, 1/10#
10209-1	Shrimp, Brown 21-25 P&D, Tail-On, Round IQF, Wild, Mexico	Pride of the Sea, 1/10#
10210-1	Shrimp, Brown 26-30 P&D, Tail-On, Round IQF, Wild, Mexico	Pride of the Sea, 1/10#
10211-1	Shrimp, Brown 31-35 P&D, Tail-On, Round IQF, Wild, Mexico	Pride of the Sea, 1/10#
10212-1	Shrimp, Brown 36-40 P&D, Tail-On, Round IQF, Wild, Mexico	Pride of the Sea, 1/10#
BROWN, TAIL-OFF		
11684-1	Shrimp, Brown 16-20 P&D, Tail-Off, Round, IQF, Wild, Mexico	Pride of the Sea 4/5#
10213-1	Shrimp, Brown 21-25 P&D, Tail-Off, Round, IQF, Wild, Mexico	Pride of the Sea 1/10#
10214-1	Shrimp, Brown 21-25 P&D, Tail-Off, Round, IQF, Wild, Mexico	Pride of the Sea 4/5#
10215-1	Shrimp, Brown 26-30 P&D, Tail-Off, Round, IQF, Wild, Mexico	Pride of the Sea 4/5#
10216-1	Shrimp, Brown Medium P&D, Tail-Off, Round, IQF, Wild, Mexico	Pride of the Sea 4/5#
10217-1	Shrimp, Brown Broken Small, P&D, Tail-Off, IQF, Wild, Mexico	Pride of the Sea 4/5#
10218-1	Shrimp, Brown Broken Medium, P&D, Tail-Off, IQF, Wild, Mexico	Pride of the Sea 4/5#
10219-1	Shrimp, Brown Broken Large, P&D, Tail-Off, IQF, Wild, Mexico	Pride of the Sea 4/5#
10220-1	Shrimp, Brown Meat, P&D, Tail-Off, IQF, Wild, Mexico	Pride of the Sea 4/5#
10210-1	Shrimp, Brown 26-30 P&D, Tail-On, Round IQF, Wild, Mexico	Pride of the Sea, 1/10#
10211-1	Shrimp, Brown 31-35 P&D, Tail-On, Round IQF, Wild, Mexico	Pride of the Sea, 1/10#
10212-1	Shrimp, Brown 36-40 P&D, Tail-On, Round IQF, Wild, Mexico	Pride of the Sea, 1/10#
WHITE, TAIL-ON		
10378-1	Shrimp, White U6 P&D, Tail-On, Round, IQF, Farmed	Pride of the Sea, 1/10#
10379-1	Shrimp, White U8 P&D, Tail-On, Round, IQF, Farmed	Pride of the Sea, 1/10#
11879-1	Shrimp, White U10 P&D, Tail-On, Round, IQF, Wild	Pride of the Sea, 1/10#
10380-1	Shrimp, White U10 P&D, Tail-On, Round, IQF Farmed	Pride of the Sea, 1/10#
10381-1	Shrimp, White U12 P&D, Tail-On, Round, IQF, Farmed	Pride of the Sea, 1/10#
10190-1	Shrimp, White U15 P&D, Tail-On, Round, IQF Wild Mexico	Pride of the Sea, 1/10#
10382-1	Shrimp, White U15 P&D, Tail-On, Round, IQF, Farmed	Pride of the Sea, 1/10#
10191-1	Shrimp, White 16-20 P&D, Tail-On, Round, IQF Wild Mexico	Pride of the Sea, 1/10#
10220-1	Shrimp, Brown Meat, P&D, Tail-Off, IQF, Wild, Mexico	Pride of the Sea 4/5#

IQF = Individually Quick Frozen	P&D = Peeled and Deveined
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## SHRIMP PEELED & DEVEINED

WHITE, TAIL-ON		
10383-1	Shrimp, White 16-20 P&D, Tail-On, Round, IQF, Farmed	Pride of the Sea, 1/10#
10384-1	Shrimp, White 21-25 P&D, Tail-On, Round, IQF, Farmed	Pride of the Sea, 1/10#
10193-1	Shrimp, White 26-30 P&D, Tail-On, Round, IQF, Wild	Pride of the Sea, 1/10#
10385-1	Shrimp, White 26-30 P&D, Tail-On, Round, IQF, Farmed	Pride of the Sea, 1/10#
10194-1	Shrimp, White 31-35 P&D, Tail-On, Round, IQF, Wild	Pride of the Sea, 1/10#
10386-1	Shrimp, White 31-35 P&D, Tail-On, Round, IQF, Farmed	Pride of the Sea, 1/10#
10195-1	Shrimp, White 36-40 P&D, Tail-On, Round, IQF, Wild	Pride of the Sea, 1/10#
10387-1	Shrimp, White 36-40 P&D, Tail-On, Round, IQF, Farmed	Pride of the Sea, 1/10#
10220-1	Shrimp, Brown Meat, P&D, Tail-Off, IQF, Wild, Mexico	Pride of the Sea 4/5#
10210-1	Shrimp, Brown 26-30 P&D, Tail-On, Round IQF, Wild, Mexico	Pride of the Sea, 1/10#
10211-1	Shrimp, Brown 31-35 P&D, Tail-On, Round IQF, Wild, Mexico	Pride of the Sea, 1/10#
10212-1	Shrimp, Brown 36-40 P&D, Tail-On, Round IQF, Wild, Mexico	Pride of the Sea, 1/10#

WHITE, TAIL-OFF		
11708-1	Shrimp, White 16-20 P&D, Tail-Off, Round, IQF, Farmed	Pride of the Sea, 4/5#
11606-1	Shrimp, White 21-25 P&D, Tail-Off, Round, IQF, Farmed	Pride of the Sea, 4/5#
11578-1	Shrimp, White 26-30 P&D, Tail-Off, Round, IQF, Farmed	Pride of the Sea, 4/5#
11434-1	Shrimp, White 31-35 P&D, Tail-Off, Round, IQF, Farmed	Pride of the Sea, 4/5#
11675-1	Shrimp, White 51-60 P&D, Tail-Off, Round, IQF, Farmed	Pride of the Sea, 4/5#
10196-1	Shrimp, White Medium P&D, Tail-Off, Round, IQF, Wild	Pride of the Sea, 4/5#
10197-1	Shrimp, White Broken Small, P&D, Tail-Off, IQF, Wild	Pride of the Sea, 4/5#
10198-1	Shrimp, White Broken Medium, P&D, Tail-Off, IQF, Wild	Pride of the Sea, 4/5#
10199-1	Shrimp, White Broken Large, P&D, Tail-Off, IQF, Wild	Pride of the Sea, 4/5#
10200-1	Shrimp, White Meat P&D, Tail-Off, IQF Wild,	Pride of the Sea, 4/5#
10418-1	Shrimp, White Broken Small, P&D, Tail-Off, IQF, Farmed	Pride of the Sea, 4/5#
10419-1	Shrimp, White Broken Medium, P&D, Tail-Off, IQF, Farmed	Pride of the Sea, 4/5#
10420-1	Shrimp, White Broken Large, P&D, Tail-Off, IQF, Farmed	Pride of the Sea, 4/5#

IQF = Individually Quick Frozen	P&D = Peeled and Deveined
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## GENERAL SEAFOOD

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### Shrimp

Wild • Farm Raised  
HLSO • HOSO • P&D Tail On/Off • Cooked • EZ  
Peel

### Lobster Tails

Warm Water • Cold Water

### Lobster Meat

Claw & Knuckle • Claw, Knuckle, & Leg •  
Broken

### Crab Meat

Colossal • Jumbo Lump • Special • Lump • Claw  
(Red/Blue Swimming Crab)  
Snow Crab Meat • Dungeness Crab Meat •  
Imitation Crab • King Crab • Red • Gold • Snow  
Crab • Baradai • Opilio

### Scallops

Wet • Dry

### Octopus

Spain • Indonesia • Mexico

### Ahi Tuna

Poke Cubes • Tuna Loins • Steaks • Ground  
Tuna • Saku Block

### Calamari

Tubes & Tentacles • Tubes Only • Rings &  
Tentacles • Steaks

### Frozen Fillets/Portions/Steaks

Barramundi • Tilapia • Salmon • Swai/Basa  
• Red Snapper • Pollock • Cod • Mahi • Ono  
(Wahoo) • Swordfish • Halibut • Hake • Trout •  
Haddock • Whiting

### Shellfish Frozen

Mussels • Clams • ½ Shell Oysters

### Salmon

Atlantic Farmed Salmon • Smoked Salmon  
Canada • Norway • Chile • Scotland • Faroe  
Islands • Farmed King Salmon • Farmed Coho  
Salmon

### Wild Salmon

Sockeye • King • Coho • Chum • Pink

### Fresh Fish

Yellowfin Tuna • Swordfish • Wahoo • Mahi • Trout  
• Tilapia • Catfish • Dover Sole • Petrale Sole •  
Sablefish (Black Cod) • Rockfish • Arctic Char •  
Branzino • Sea Bream • Dorade • Halibut  
Orange Roughy • Barramundi • Chilean Sea Bass

### Shellfish

Manila Clams • Venus Clams • Cherry Stone •  
Littlenecks • Mussels PEI • Oysters • Scallops

## Other Foods and Condiments

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### Other Proteins

Lamb • Chicken Tenders

### Fried Foods

French Fries • Clam Strips • Hush Puppies

### Dry Goods

Breading • Batter Mix • Breadcrumbs • Cracker  
Meal • Pre-Dust

### Soups

Clam Chowder

### Condiments & Sauces Dressings

Tartar Sauce • Cole Slaw • Ranch • Caesar • Blue  
Cheese • Teriyaki Sauce • Malt Vinegar • Red  
Wine Vinegar • Chicken Base • Beef Base • Clam  
Base \* Mayonnaise

### Canned Goods

Clam Base • Chopped Clams • Clam Juice  
Solid White Tuna • Light Tuna